Measles

What is Measles?

• Measles is a highly contagious viral illness that spreads through droplets in the air or direct contact with nasal or throat mucus from the infected person.
• Complications may include pneumonia, hearing loss, or even death.

How to protect yourself

• Vaccination with 2 doses of the measles, mumps, and rubella (MMR) vaccine is the best prevention.
• Children can get their first dose at 12 months old.
• If you have not been vaccinated, it is not too late to get vaccinated as an adult.

Symptoms

• Tiny white spots inside the mouth
• Rash that may spread from the face to the neck, chest, arms, legs, and feet

If you have symptoms, please call your doctor or primary care provider.
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